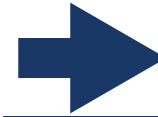


WE'RE STILL HIRING!



SCAN TO APPLY



MEDSTAR Monthly

THE OFFICIAL NEWSLETTER OF MEDSTAR TRANSPORTATION

FEBRUARY 2022 ISSUE

Remembering a Star

"Say not in grief 'he is no more' but live in thankfulness that he was."

It is with great sadness that we inform you of the passing of Daniel 'Dan' Rodriguez. Dan, 70, passed away peacefully on Thursday, January 20, 2022, in Union Gap, WA with his loving wife, Kay by his side. Dan has been a part of the Medstar family for 19 years and will be dearly missed by his friends and family.

Dan was a man of faith and loved his family more than anything else. He was a hard worker who was always willing to lend a hand to his friends and colleagues. His colleagues describe him as a wonderful man who always went out of his way to help others. Dan was a blessing to everyone, not only to the Medstar family but also to all of the clients he served throughout the course of his 19-year career as a driver.

"Dan was a great team member. He was part of Medstar's early foundational team, back when we only operated in the Yakima area. Dan R. was also known as star 12 over the CB two-way radio. Dan's shift always wrapped up the day working in the late afternoon and evening. He provided many rides home from the hospitals with the original big blue vans. Dan was often soft-spoken but friendly and

kind. He represented well our core values of reliability and service. We are thankful we had the opportunity to serve with him."

- Justin Bergener

"He was an awesome worker. He was always helping people out. When I first started at Medstar, he helped me out getting things rolling and answering all my questions. He was there for everybody. I've known him since 2011. Back in the day, we had to fax some stuff and I didn't have a fax machine. Well, he had an extra one and he gave me the fax machine so I could fax some of my paperwork— he was a team player, he was always out to help a fellow driver. He was a go-to guy when he was here. He was very very reliable too- never said no."

- Rocky Nelson

Our prayers are with Dan's family during this time of sorrow following his loss. We would like to wish them comfort during this difficult time. Our deepest sympathies go to his family. We will long remember Dan's kindness, compassion, and dedication to his chosen profession. His light will always shine upon us.



Dan was a blessing to everyone, not only to the Medstar family but also to all of the clients he served throughout the course of his 19-year career as a driver.

Brush up this February!

Did you know that February is National Children’s Dental Health Month? The American Dental Association aims to celebrate this month-long national oral health campaign to emphasize the importance and benefits of oral health in children, their caregivers, teachers, and many others.

Poor oral health may leave serious effects on young children, which is why the National Children’s Dental Health Month emphasizes the significance of instilling good oral habits at a young age to ensure a lifetime of healthy smiles. It is also critical for communities to recognize children’s oral health awareness since the most prevalent chronic pediatric condition is tooth decay. We hope that children all across the world will be able to bring healthy smiles through continued educational programs and initiatives.

According to Colgate, making an appointment at the dentist is one of the best ways to celebrate this month’s awareness campaign. The earlier children are introduced to dental checkups, the more at ease they will be.

So here at Medstar, we are ready to contribute to your child’s oral health journey by providing you with safe and reliable rides to your appointments!

Let’s work together in providing children an opportunity to a lifetime of healthy smiles!



February is American National HEART Month



Heart Disease is said to be the number one cause of deaths in the U.S. Every year, more than 600,000 Americans die from heart disease affecting all ages, genders, and even ethnicities.

In 1964, President Lyndon B. Johnson, among the millions of Americans who’s had heart attacks, issued the first proclamation. Since then, succeeding presidents declared the month of February as American Heart Month.

HOW TO OBSERVE AMERICAN HEART MONTH

- 1 Take up a heart-healthy habit**
 Staying active, eating healthy, and watching our weight are all important parts of maintaining a healthy cardiovascular system. Pick a new heart-healthy habit like jogging or substituting sodas with water and try to stick to it for a whole month.
- 2 Educate yourself**
 Learn about the risk factors for heart disease, the ways you can prevent them, and the lifestyle choices that can help you stay healthy.
- 3 Get your cholesterol tested**
 If you’re worried you might be at risk for heart disease, ask your doctor to perform a simple cholesterol test to let you know if you’re at risk and should make adjustments to your diet.

Source: <https://nationaltoday.com/american-heart-month/>

Welcome to the **MEDSTAR** team!

We welcome the following employees who have recently been hired as drivers and office staff from January 15 until February 15, 2022.

CHRISTINA G.

Transportation

ADRIANA S.

Transportation

SARA M.

Transportation

BENJAMIN R.

Transportation

MICHAEL W.

Transportation

ADA G.

Transportation

SOFIE Q.

Call Center

NIKKA I.

Call Center

ELIJAH I.

Transportation

EDDIE M.

Transportation

JEFF G.

Transportation

AARIKA H.

Call Center

MARC E.

Transportation

PAMELA R.

Transportation

BENJAMIN L.

Transportation

JOY M.

Recruitment and Marketing

VAI T.

Transportation

VASHTI B.

Transportation

ROSE D.

Transportation

SUNNI O.

Transportation

TREVON H.

Transportation

AMANDA D.

Transportation

BRETT S.

Call Center

RYAN Z.

Call Center

ROB S.

Transportation

EDDIE M.

Transportation

MEDSTAR'S BIRTHDAY WALL

FEBRUARY 1

DANA J.

FEBRUARY 4

RJ E.

FEBRUARY 5

ADAM S.

FEBRUARY 5

LISA M.

FEBRUARY 5

STACY V.

FEBRUARY 8

JACK D.

FEBRUARY 16

ERIC D.

FEBRUARY 18

JAYMIE M.

FEBRUARY 20

SHEENA N.

FEBRUARY 21

CHIMA G.

FEBRUARY 23

ADRIANA S.

FEBRUARY 24

ADA G.

FEBRUARY 26

WADE G.

FEBRUARY 27

VINCE W.

FEBRUARY 28

DUNCAN M.

EMPLOYMENT ANNIVERSARIES for *February*

Your hard work, dedication, and commitment are very much appreciated! Congratulations and we hope to have you here at Medstar for many, many more years to come.

1 YEAR
MICHAEL V.
 FEBRUARY 1

2 YEARS
SHANE H.
 FEBRUARY 4

3 YEARS
MARIA R.
 FEBRUARY 14

1 YEAR
DARIN V.
 FEBRUARY 15

5 YEARS
MERRITT M.
 FEBRUARY 17

14 YEARS
DAVE S.
 FEBRUARY 21

1 YEAR
CONNOR D.
 FEBRUARY 24

1 YEAR
SYNTECHE B.
 FEBRUARY 25

On February 14, Medstar celebrated its 38th year of delivering Health and Happiness through safe service.

Here are some of the many testimonials we received from both clients and employees of Medstar Transportation.

These people who are employed with Medstar are very conscious of the need to take pride in caring for individuals who may not have any other choice to be transported. Witnessing their willingness and kindness in helping others is an excellent service to the communities in which they serve.

-Benjamin L., newly-hired driver

Medstar Driver, Emily, is an outstanding and personable employee. She is a courteous and very good driver. She drives safely and is conscientious with traffic. It was a pleasure to have her drive me to appointments, and I enjoyed talking to her.
Thank you for your service!

- T.J., veteran

In the 3 years I have been here, I've enjoyed the team setting, and I love that I learn something new every day. I have enjoyed growing with the company as well as personally during my time here.

-Maria R.

Medstar has a well-organized training that starts with hands-on wheelchair loading to see if you like this type of work. Upon moving forward, there's a standard drug screen test conducted, and once cleared, you receive several emails for the onboarding process. What's really good about the company is that someone is always available to help if you run into problems or have questions.

- Con J.