



WE WANT YOU!

we are hiring DRIVERS
ACROSS WASHINGTON STATE



SCAN TO APPLY

APPLY NOW

MEDSTAR *Monthly*

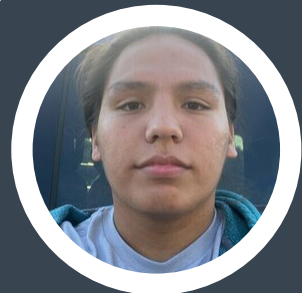
THE OFFICIAL NEWSLETTER OF MEDSTAR TRANSPORTATION

OCTOBER 2022 ISSUE

Pioneer Drivers in Omak and Tonasket

Medstar has been providing accessible rides since 1984, and our family just keeps growing! We recently introduced two new service locations in Okanogan County, Washington State: Omak and Tonasket. With this expansion, we were able to welcome two pioneer drivers into the growing Medstar family.

As pioneer drivers, they play a significant role in building the trust of our clients and representing Medstar in Omak and Tonasket. To get more insight, we recently interviewed them about how they got into Medstar, the training procedures, the work environment, and how they are liking the job so far.



Jackson Louie (Pioneer Driver in Omak)

"I was contacted through Indeed about the job. The training was great. It was simple and easy. Lloyd and Nicole were very helpful and they are great trainers. Everything has been terrific so far... I love everything about the job and the atmosphere seems great."



Lynette Chaska (Pioneer Driver in Tonasket)

"I found Medstar through a Facebook page called Okanogan Jobs. I was looking for my son originally and found this position. I applied, prayed about it, and it came through. I needed something to help me pay for nursing school and help with bills and food at home. My training was easy and fun. Lloyd Bennett is an excellent trainer and so is Nicole Crews. Both helped explain the company policy and show me how things were done at Medstar. Krystal Ibarra has helped me fine-tune things and gave me a good co-worker to lean on. Work has been fairly easy so far, a little hectic with scheduling because of not understanding the distance up here and confusion with timing. Otherwise, things are going well with clients. I love my clients! Thank you guys so much! I appreciate your time and look forward to working with you all."

We are happy to welcome our two new drivers to the Medstar family. We are certain that they will uphold the quality of our services and will always put our client's safety and comfort first. Medstar Transportation is actively recruiting more drivers in Okanogan County and many other locations across Washington State. If you know someone who is interested in becoming a driver, just send an email to careers@gomedstar.com, and we'll take care of the rest.

Keep Making a Difference

As we continuously expand our services, Medstar is looking for more compassionate and dedicated members to add to our growing family. This is not limited to new hires though, as we also openly welcome returning employees too.

Just this month, we've welcomed three returning drivers—**Felix, Rhiannon, and Jose!**

We were curious as to why they came back and so we asked one of the returning drivers to know more. Here's what he said:



I found out about Medstar when I first started through Craigslist. My most memorable experience is that they all work as



a team. However, I left Medstar because I was having some economical problems. I came back because Medstar is a good company and I also like driving. It's really nice but I still need to learn some things. Also, I love to be part of a team that helps people and makes them happy... I want to keep making a difference in other people's lives.

With a competitive salary, paid training, and health benefits, serving the community has never been this rewarding. Join us and make a difference in people's lives. Work with a great team. Let your office be the open road. Visit <https://gomedstar.bamboohr.com/jobs/> to know more about job openings. We gladly welcome new applicants and returning employees to our growing family.

Health and Wellness Corner

Step Up for Bone Health

Celebrated every October 20, World Osteoporosis Day is a year-long campaign dedicated to raising global awareness of the prevention, diagnosis, and treatment of osteoporosis and related musculoskeletal diseases.

Osteoporosis remains undertreated and underdiagnosed around the world. Since most people are unaware they have osteoporosis until they break a bone after a simple accident, the disease is frequently referred to as a “silent disease”. Bones provide support for our bodies and help protect our organs. If bones become frail and weak, it may lead to discomfort and other complications affecting everyday mobility.

Get Involved

World Osteoporosis Day encourages the public and patients to step up for bone health. The International Osteoporosis Foundation encourages the public to exercise regularly, ensure a bone-healthy diet, avoid bone-damaging habits, know one’s risk, and prevent recurrent fractures.

As we raise awareness and promote bone health, it is also essential that we do our part in improving our lifestyle and involving others in the advocacy. There are organizations that provide support and prevention seminars to the public and patients. You may check with your local government offices if you plan on joining one in your city.

Provide Support

As a disease that greatly affects mobility, patients with osteoporosis and related musculoskeletal diseases are treated with special care at Medstar Transportation. Our drivers and employees are trained to provide the best support and care to the patients and their companions.

Medstar Transportation joins healthcare workers, medical experts, policy-makers, and patients to help push for change and raise awareness. Together, let’s step up for bone health!



Fleet and Safety Corner



ON CHAINS

When do you need chains? Driving conditions are nasty. Snow is coming down, traffic passing by is spraying slush, the road is slick, and it may be dark. DON'T make this the first time you put on your chains.

Here are a couple of things to do before the snow falls.

1. Make sure you have chains in the vehicle.
 - a. If you do not have chains, please contact the fleet team.
 - b. Chains may be under the front passenger seat, in the trunk of a sedan, or in the compartment under the cubby on the back driver's side of a minivan.

2. Practice putting the chains on your vehicle.
 - a. If you are needing assistance, please let your supervisor know so they may assist you or set up a training session. Follow the link below for a video that shows you how to put on chains and step-by-step instructions: <https://www.lesschwab.com/article/how-to-put-on-snow-chains-and-drive-safely.html>

Remember: Calling out because of snow is an unexcused absence. Leave earlier if needed. Rain, snow or sunshine- Our clients need us to get them to their appointments!

HALLOWEEN ANNOUNCEMENT

**We invite all
MEDSTAR REMOTE AND
OFFICE STAFF to our
WORKSTATION DECORATING
CONTEST!**

Let's go all out and unleash our Halloween decorating skills!

Decorate and take a photo. Take a picture of your Halloween-decorated cubicle/desk/workspace. Make sure that our Website, Facebook Page, or other Company pages can be seen on the computer screen on your desk.

Send it. Send the photo to **General Slack Channel** on the 31st of October 2022.

Win the prize. The top 3 photos with the most number of reactions will be chosen. Third Prize: \$25, Second Prize: \$50, and Grand Prize: \$100.



**We invite all
MEDSTAR EMPLOYEES
to our HALLOWEEN COSTUME
CONTEST!**

NOTE: All employees are invited to participate in both contests. However, if the employee wins, he/she can only be rewarded for one contest.

Take a photo. Put on your best Halloween costume, and take a picture of yourself with any Medstar Logo. For example, you can take a picture of yourself in front of a Medstar vehicle or in the office.

Send it. Send the photo to **marketing@gomedstar.com** on or before the 31st of October 2022. Use the Subject Line: Halloween Costume Contest - FULL NAME.

Win the prize. There will be three winners. Third Prize: \$25, Second Prize: \$50, and Grand Prize: \$100. Winners' entries will be posted on our social media accounts.



MedSTAR RS

This month, Medstar continues to receive positive feedback from the community. Thank you, everyone, for your dedication and excellent service!

Here are some positive words and testimonials from the Team!

“ October has been a great asset to the West Side Dispatch Team. Her attention to detail and determination for Choice and Runners to operate smoothly has helped immensely in the successful transition of introducing Spanaway Runner and creating great working relationships with those drivers.

**-Ahlisha,
Operations Manager**

“ I love how fun the people are and how warm the environment is here at Medstar. Despite being on a remote set up, I can still feel the connection with everybody, especially our team. Everybody's approachable and helpful!

**-Angel,
Accounting Staff, celebrating her 1st employment anniversary at Medstar**

“ What I love most about Medstar are the employees and the family atmosphere that is projected here. This is also what makes Medstar such a great place to work!

**-Robert,
Dispatcher, celebrating his 4th year at Medstar**

“ I've stayed at Medstar because of the clients that need me, and I love them because sometimes, I'm their only outlet to the world. I also love how when I have a concern, my thoughts are taken seriously and taken into consideration. I love how much of a caring attitude HR, Ahlisha, Geana, and especially Justin have. I will always have Justin's back because of the way he and his parents showed me that they cared when I came over to Medstar in October 2011. And that's how I also train people- I show that I care.

**-Rocky,
celebrating his 11th year at Medstar**



Welcome to the MEDSTAR team!

We welcome the following employees who have recently been hired as drivers and office staff from September 21, 2022 until October 15, 2022.

DAWN D.

Call Center

HOLLIE R.

Transportation

TOM F.

Transportation

KRYSTINA A.

Dispatch

ALEXUS R.

Dispatch

FELIX V.

Transportation

MAURICIO G.

Transportation

JT L.

Transportation

CHRISTOPHER B.

Transportation

RHIANNON S.

Transportation

AMY M.

Transportation

BEATRIZ C.

Transportation

NANCY W.

Transportation

TONI T.

Transportation

CHARREN E.

Accounting

TRISH W.

Transportation

LYNN C.

Transportation

JACKSON L.

Transportation

WAYMAN S.

Transportation

SCOTT W.

Transportation

TREVONNE J.

Transportation

JERONIMO D.

Transportation

STACEY E.

Transportation

EYERUSALEM A.

Transportation

EMPLOYMENT ANNIVERSARIES

for *October*

1 YEAR

ALIX S.

OCTOBER 1

2 YEARS

NIL M.

OCTOBER 1

1 YEAR

KRYSTELLE T.

OCTOBER 6

7 YEARS

SHERIKIE P.

OCTOBER 7

11 YEARS

ROCKY N.

OCTOBER 10

18 YEARS

MICHELE B.

OCTOBER 18

1 YEAR

ANDREW H.

OCTOBER 21

4 YEARS

GARTH S.

OCTOBER 22

4 YEARS

SHAWN S.

OCTOBER 22

4 YEARS

ROBERT B.

OCTOBER 25

1 YEAR

ANGEL M.

OCTOBER 29

29 YEARS

LLOYD B.

OCTOBER 3

Your hard work, dedication, and commitment are very much appreciated! Congratulations and we hope to have you here at Medstar for many, many more years to come.

MEDSTAR'S BIRTHDAY WALL

OCTOBER 1



IRMA E.

OCTOBER 2



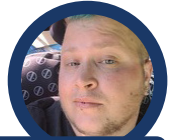
SHAWN S.

OCTOBER 6



JAYE M.

OCTOBER 7



LUCAS H.

OCTOBER 8



LLOYD B.

OCTOBER 10



JEFF L.

OCTOBER 10



TRACY W.

OCTOBER 11



DANIEL D.

OCTOBER 12



KAREN D.

OCTOBER 13



LEONEL L.

OCTOBER 13



MARIA A.

OCTOBER 13



MITCHELL G.

OCTOBER 14



MICKO D.

OCTOBER 15



RYAN PAUL Z.

OCTOBER 20



MARK L.

OCTOBER 22



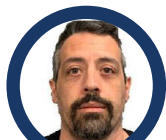
DAVID S.

OCTOBER 22



PARTH S.

OCTOBER 22



SHANE H.

OCTOBER 27



MOSELLE T.

OCTOBER 29



SHERI M.

“May the joy that you have spread in the past come back to you on your birthday. Happy Birthday!”

-FROM YOUR MEDSTAR FAMILY